

Physical Education Curriculum Map

Black – Teachers    Blue – Sports coaches.    Red – Sports partnership professional coaches.

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 1	<p>Gymnastics – Travelling And being still, finding space and using it effectively. <b>(Tennis- Sports partnership – professional coach)</b></p> <p>Games Large ball skills, throwing and catching</p>	<p>Gymnastics – Jumping, balancing and rolling Dance – Develop movement, speed, direction, level including music.</p> <p>Games Multi-skills: Agility, balance and coordination</p>	<p>Gymnastics – Develop travelling skills on floor and apparatus</p> <p>Games Invasion Games Involving tags, balls and hoops.</p>	<p>Gymnastics – Develop previously taught skills – rolling, balancing, turning, jumping.</p> <p>Games Invasion games Football skills involving: Dribbling, kicking and passing.</p>	<p>Gymnastics and creative dance. – creating and performing.</p> <p>Striking / Fielding Bat and ball skills and games Net / Wall games Tennis</p>	<p>Dance – Under the sea Athletics- skills linked to Sports day</p> <p>Athletics Running throwing and jumping.</p>
Year 2	<p>Gymnastics – performing a sequence including travelling, balancing, rolling, jumping and body shape. <b>(Tennis- Sports partnership – professional coach)</b></p> <p>Games Large ball skills throwing and catching development.</p>	<p>Dance- Working on rhythm, speed, level.</p> <p>Games Multi skills Agility, balance and coordination.</p>	<p>Gymnastics- improving and developing skills and creating performance</p> <p>Games Invasion Games Involving Tags, Balls and hoops. Making up games.</p>	<p>Dance – Using movement imaginatively</p> <p>Games Invasion Games Football skills Involving: dribbling, kicking and passing</p>	<p>Gymnastics – contrasts in direction, speed and travel.</p> <p>Out door games Striking / Fielding Bat and ball skills and games</p>	<p>Dance – Traditional dance</p> <p>Athletics Running throwing and jumping.</p>

Year 3	<p>Dance – around the world: Flamenco, Samba, linedancing (Tennis- Sports partnership – professional coach) Invasion Games: Quick sticks (Hockey)</p>	<p>Gymnastics – Using apparatus : Variation in level, speed and control. Developing the children’s movement. Invasion Games Football</p>	<p>Circuit training – noticing changes in our bodies  Invasion Games. Tag rugby</p>	<p>Gymnastics- Developing flexibility and timing. Working as a group and in pairs.  Invasion Games. High Fives (Netball)</p>	<p>Out door games Striking / Fielding Bat and ball skills and games  ½ year group swim for 6 weeks</p>	<p>Orienteering outside.  Out door games Striking / Fielding Bat and ball skills and games Athletics Running throwing and jumping – progression  Other ½ year group swim for 6 weeks</p>
Year 4	<p>Swimming activities and water safety Falcon (Tennis- Sports partnership – professional coach)  Invasion games Quick sticks – hockey-Eagle  Invasion Games High fives (netball)</p>	<p>Swimming activities and water safety Falcon  Creative dance / gymnastics linked with Habitat work/Rivers-Eagle  Invasion games Tag rugby</p>	<p>Swimming activities and water safety Falcon  Creative dance / gymnastics linked with Habitat work/Rivers Folk /War Dance Vikings-Eagle  Gymnastics – Balance, rolls, tucks, pikes, travelling and performing sequences – analysing performance and improving.</p>	<p>Swimming activities and water safety Eagle Creative dance / gymnastics linked with Habitat work/Rivers Folk /War Dance Vikings-Falcon continue into Summer 1<sup>st</sup> part  Gymnastics- Over and under work, building on variation of level, continue to progress balancing skills.</p>	<p>Swimming activities and water safety Eagle Invasion games Quick sticks – hockey-Falcon  Outdoor games Striking / Fielding Bat and ball skills and games Net / Wall games Tennis - progression</p>	<p>Swimming activities and water safety Eagle  Invasion games Quick sticks – hockey-Falcon  Athletics Running, throwing and jumping</p>

