

Tel: 01763 243392

Email: admin@icknielwalk.herts.sch.uk

Headteacher: Mrs Jane Sherwood
Deputy Head: Mr James Taylor



Ickniel Walk First School
Poplar Drive
Royston
Hertfordshire
SG8 7EZ

5th January 2018

Dear Parents and Carers

Eagle Class Swimming Lessons

Eagle class will swim Friday afternoons on the following dates: 2nd and 9th February, 2nd, 9th, 16th, 23rd March, 20th and 27th April, 4th, 11th, 18th, 25th May, 8th, 15th, 22nd, 29th June. They will also swim with Falcon class for the last session of the academic year on Friday 6th July 2018. The cost for all 17 sessions will be £32.30, (£1.90 per session). All children should already have a swimming hat from the summer term which they will need to use.

Please pay via School Gateway or make cheques payable to Ickniel Walk First School, we would appreciate the whole amount in advance if possible. If you find it difficult to meet the full cost of these swimming sessions, please see Mrs Barrett (School office).

The children will walk there and back after lunch and will also need to have **every week**:

- a latex swimming cap (boys also) - see above (replacement caps available from the school office at £1.00 each)
- Swimming costume
 - Girls will need one piece swimming costume (no bikinis or halter necks please)
 - Boys will need briefs/fitted trunks (no long, baggy board/sports shorts please)
- Towel and a bag to bring back wet things
- Suitable clothing for the weather, especially a hat to cover wet hair in cold weather and a coat!
- No toiletries (i.e. shampoo) as the children do not shower afterwards
- A **healthy snack** to eat, when we return to school (e.g. cereal bar, fruit etc, no nuts)



Please ensure that if your child is using goggles they are of good quality. Please read the manufacturer's instructions for putting them on and taking them off. This is important to ensure the protection of eyes from impact damage from stretching the eyepieces away from the face with wet fingers. You should be aware that on occasions your child will be asked to remove their goggles in order to safely perform certain aquatic activities.

Mr Taylor and Mrs Walsh will also be in attendance with the pool's instructors, so whatever the present level of your child's ability; we will be able to add to their progress. Please complete the form at the end of this letter with your opinion of your child's current level and return it by **Monday 22nd January 2018**.

Please note if your child forgets their kit they will still have to go to the pool. Pupils will not be excluded from swimming because of verrucae or similar foot infections provided a verruca sock covers the infected area.

Achievement

Celebration

Teamwork



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If your child has eczema they will be given the opportunity to shower and apply any **prescribed** medical creams or lotions before and after swimming as necessary. Please indicate what is necessary below.

Yours sincerely

Mrs J. Sherwood
Headteacher

Eagle - Swimming

I understand my child will attend the Royston Leisure Centre Pool as part of the school's P.E. curriculum. My child:

Please tick one	Ability	Current ASA level (if known)
	-is a non swimmer (arm bands, no confidence)	
	-is a beginner (wobble, lacks confidence)	
	-can swim at least one width unaided front or back	
	-is comfortable and confident on front and back for more than one width unaided	
	-is comfortable in the water and can swim 1 length on front and back	
	-is very confident and can swim in different styles over 2/3 lengths continuously	

My child has eczema and needs to shower and apply prescribed creams or lotions:

Before swimming	
After swimming	

Signed _____

Child's Name _____ Class **Eagle**

Please tick:

Payment of £32.30 enclosed	
I have paid £32.30 by School Gateway	

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