



Summer 8 - Newsletter - 11/06/2026

Message from Mrs Sherwood

Tomorrow we will begin our school's 60th birthday celebrations. Children are invited to wear their own clothes in return for bringing a bottle for the PTA tombola (see poster under PTA section). During the day, we will hold an assembly where we will talk about what was happening in the world 60 years ago and celebrate the school's birthday. We will also share the 60th Birthday photograph taken by Pret-a-Portrait with the children.

On Saturday, the PTA will be holding the 60th Celebration Festival, which will have a number of exciting activities and is going to be lots of fun. Please do come along, enjoy the day and support the PTA and in turn the school and your children. The PTA have worked really hard to make the festival a memorable one, but are still in need of volunteers, are you able to spare an hour or two? Please send an email to pta@icknielwalk.herts.sch.uk if you can spare some time to help.

What's on this week

Thursday 11.06.2026

Year 2 trip to the Zoo.

am - Year 4 Recorder club

3.15-4.15pm - Lab Tots in Dove class

3.15-3.45pm - Year 3 Recorder Club

3.15-4.15pm - Football Feet

Friday 12.06.2026

Non-uniform day - wear your own clothes in return bring a bottle for the PTA tombola.

pm - Dove class swimming - last lesson

pm - Falcon class swimming

3.15-4.15pm - Kings and Queens chess club in the dining hall

3.15-4.15pm - It's Your Cue drama club in Eagle class for Year 4s

Saturday 13.06.2026

12-5 pm - PTA 60th Festival

Monday 15.06.2026

3.15-4.15pm - RTFC Gym club

3.15-4.15pm - It's Your Cue drama club in Swift class for Year 3s

Tuesday 16.06.2026

3.15-4.15pm - RTFC Multi sports skills club

Wednesday 17.06.2026

PTA Fathers Day sale during school hours

Guitar & Piano Lessons

3.15-4.15pm - Outdoors Project Club

Thursday 18.06.2026

Reception trip to the theatre

am - Year 4 Recorder club

3.15-4.15pm - Lab Tots in Dove class

3.15-3.45pm - Year 3 Recorder Club

3.15-4.15pm - Football Feet

Friday 19.06.2026

pm - Falcon class swimming

pm - Swift class swimming

3.15-4.15pm - Kings and Queens chess club in the dining hall

3.15-4.15pm - It's Your Cue drama club in Eagle class

60th ANNIVERSARY FESTIVAL

NON UNIFORM DAY!

12th JUNE

In exchange for wearing **own clothes**, please bring in a **BOTTLE** of **ANYTHING** for the **BOTTLE TOMBOLA!**

CRATES WILL BE PUT OUTSIDE THE CLASSROOMS IN THE MORNING

ICKNIELD WALK FIRST SCHOOL

60th ANNIVERSARY CELEBRATION

SATURDAY 13th JUNE | 12PM - 5PM

VOLUNTEERS NEEDED!

♥ **JUST 1 HOUR CAN MAKE A BIG DIFFERENCE!** ♥

The PTA needs your help to make our 60th Anniversary Celebration a success. We need lots of helping hands before and during the event. All time you can give is truly appreciated!

BEFORE THE EVENT
FROM 9AM

Help us get everything ready!

- ♥ Taking tables outside
- ♥ Setting up the bar
- ♥ Setting up tombola prizes
- ♥ Setting up Year 4 games:
 - Coconut shy
 - Name the teddy
 - Teddy in a cage
 - Tape measure for welly wanging
 - Lucky socks
 - How many balloons in the car
- ♥ Tables for stall holders
- ♥ Signage
- ♥ Radio's
- ♥ Bunting

Kids are welcome and will be able to bounce once the inflatables are sorted out. (They will need a wristband for the actual event though.)

DURING THE EVENT
12PM - 5PM

Help keep the celebration running smoothly!

- ♥ Selling wristbands
- ♥ Selling raffle tickets
- ♥ Serving on the bar
- ♥ Running the water/wine stall
- ♥ Tombola

1 HOUR SLOTS
Every hour helps! Sign up for just 1 hour or more if you can.

CAN YOU HELP?

Please email: pta@icknieldwalk.herts.sch.uk OR Let us know via your class WhatsApp group.

CAN YOU SPARE 1 HOUR? We'd love your help!

DON'T FORGET TO CHECK IF YOUR COMPANY WILL MATCH FUND YOUR VOLUNTEERING TIME!

Icknield Walk First School PTA

60th ANNIVERSARY FESTIVAL

13th JUNE

12-5PM

FREE ENTRY

INFLATABLES
PONY PETTING
CRAFTS & STALLS
BOTTLE TOMBOLA
REFRESHMENTS
SPORTS & FOOD

T & T Roofing Limited
Ensum Brown
Ball's One
John R Ford
Ensum Brown Community Fund

Icknield Walk First School Poplar Drive, Royston, SG8 7EZ
Registered Charity 1110107

Icknield Walk First School PTA

Father's Day Gift Shop

17th June

Taking place during school hours

£4

Tickets for sale online at:
<https://www.pta-events.co.uk/iwfspta>
On Sale from 30th May


Registered Charity 1110107

We can't wait to welcome you all on Saturday at the 60th Anniversary Festival.

🎉 Don't forget to book your wristbands for unlimited bouncing!

With multiple inflatables, a dedicated under-5s area, refreshments, entertainment and so much more, it's the perfect family day out.

 Bring a picnic blanket and make a day of it!

 The weather is looking nice, so don't leave it too late to book.

Book your wristbands here: <https://www.pta-events.co.uk/iwfspta/index.cfm?event=event-editor&eventId=117750>

Don't forget that this tomorrow is non-uniform day. In return, we ask that you send in a bottle for the bottle tombola.

FREE SCHOOL MEALS – ARE YOU ELIGIBLE?

If you are in receipt of qualifying benefits and have not yet registered for Free School Meals, or wish to check your eligibility please register online at [Free School Meals -Herts CC](#) .

Applying is quick and confidential. Even if you are unsure whether you qualify, we encourage you to apply, as eligibility can also help the school access additional funding to support pupils.

Sun Protection Procedures

- Everyone needs a named water bottle in school - every day.
- All children need a named hat to wear when outside in the sunshine (these can be purchased from Schoolyard or local supermarkets).
- Children need their own named sunscreen which should be given to the class teacher and kept in school. Sun sticks or roll on sunscreens can be easier for the children to handle themselves. Please practise with your child to help them apply their own sunscreen as the staff are not allowed to rub in sun screens and children are not allowed to rub them on each other.
- We do not encourage the use of sunglasses, however if you wish for your child to wear them at playtime because they have hay fever, please make sure they are named. If your child does wear sunglasses, we will encourage them to choose a quiet activity at playtime.

Health and Safety - Earrings

Please may I remind all parents and carers that for health and safety reasons earrings should be removed before coming into school each day. Our uniform policy does state that **no** earrings are permitted. We do understand that earrings should remain in the ears for at least six weeks so the ears can heal but once healed, earrings should be removed in the morning before school and then put in again at the end of the day at home. If your child's ears are still healing, please ensure that microtape is placed over the earrings each morning before school. Microtape is available from pharmacies and supermarkets. For future reference, an ideal time to have your child's ears pierced is at the very beginning of the summer holidays. The ears will then be healed enough for returning to school in September and can be removed each day.

Events in and around Royston and other useful information



FREE OPEN DAY
AT ROYSTON LEISURE CENTRE
Saturday 20th June 2026

- FREE swimming sessions
- FREE group exercise classes
- FREE bouncy castle sessions
- FREE racquet sports
- FREE personal training tasters
- & Much more!....

everyone ACTIVE



Stand-by-me Bereavement Support

Small Charity Week BigGive

TWICE AS NICE QUIZ NIGHT

Join us for a fun-filled Quiz Night during The Big Give Small Charity Week. **EVERY** ticket purchased will be **DOUBLED**, helping us raise up to £6,000!

Minimum Donation **£20** pp
Includes Fish & Chips & One Drink

Book NOW

Email: hello@stand-by-me.org.uk

FRIDAY 26TH JUNE
6:30PM FOR 7:00PM | THE PRIORY SCHOOL, BEDFORD ROAD, HITCHIN

www.stand-by-me.org.uk



Exciting news!



This year's **Royston in Blue** event is on
Sunday 28th June 2026.

The **5km fun run/walk** is a wonderful family event to take part in, to raise funds for The Teenage Cancer Trust.

It will be held at the Therfield Heath in Royston at 11am.

Last year the community of Royston and surrounding villages raised over £20,000 for The Teenage Cancer Trust.

We hope you can join us on the day.

You can look on the Royston in Blue Website

<https://roystoninblue.co.uk/>

or

Our link to RaceBest is

<http://racebest.com/races/7z2xa>

or



Scan me!

**Parent & Carer Support
TALKING ASD & ADHD
Workshops Autumn 2026**



Workshops are FREE to parents and carers living in Hertfordshire of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.

[Eventbrite Page](#)

RESPONDING to ANGER



- Healthy & unhealthy anger.
- How to spot the signs early.
- Our own and our children's triggers.
- Techniques that stop angry and aggressive behaviour escalating and when to use them.
- How to respond to our child in meltdown, keeping ourselves, our child and siblings safe.

Monday 21st September, 7.30-9.15pm
Workshop SL-871 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-responding-to-anger-871-for-parentscarers-in-herts-registration-1989106887245>

ANXIETY & STRESS



- The difference between stress and anxiety.
- Understanding anxiety conditions in ASD/ADHD.
- Spot the signs of stress.
- Triggers amongst neurodivergent children.
- Help your anxious child feel safe.
- Early warning signs of mental health problems.

Wednesday 30th September, 7.30-9.15pm
Workshop SL-869 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-stress-anxiety-869-for-parentscarers-in-herts-registration-1988978053901>

SCHOOL AVOIDANCE



- What is Emotionally Based School Avoidance or Non-Attendance & what is your child's experience.
- Common causes and triggers of school avoidance.
- How EBSA is affecting you and your family.
- Practical steps you can take to support your child and look after yourself.
- How to work with your school in your child's best interests.

Wednesday 21st November, 7.30-9.15pm
Workshop SL-872 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-school-avoidance-872-for-parentscarers-in-herts-registration-1989109348607>

TECH USE



- Understand your child's use of Social Media, Gaming & the Internet.
- The effect of banning, strict time limits or using devices as a reward or consequence.
- Teach children how to manage their tech use, stay safe online and switch off.
- Improve communication and reduce conflict.
- Dopamine and other hormones.

Thursday 19th November, 9.30-11.15am
Workshop SL-870 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-tech-use-870-for-parentscarers-in-herts-registration-1989100977599>

Parent newsletter: <https://supportinglinks.co.uk/page/png1q>
info@supportinglinks.co.uk
www.supportinglinks.co.uk



Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.

"IT'S YOUR CUE..."

A CHILD-LED DRAMA CLUB WHERE CHILDREN CREATE AND PERFORM THEIR OWN PLAYS.

- DRAMA GAMES, TECHNIQUES AND IMPROVISATION
- CHARACTER BUILDING AND STORYTELLING
- VOICE & MOVEMENT EXERCISES
- CREATING CHARACTERS, STORIES AND PERFORMANCES FROM THEIR OWN IDEAS
- EXPLORING REAL-WORLD THEMES-FROM EVERYDAY LIFE TO BIG IDEAS ABOUT FAIRNESS AND CHANGE, ALL THROUGH THE POWER OF DRAMA

**MONDAYS
3:15PM - 4.15PM**

ICKNIELD WALK FIRST SCHOOL

7-8 YEAR OLDS - YEAR 3

£7 PER SESSION

TO SIGN UP OR FIND OUT MORE CONTACT ALISHA:
itsyourcue25@gmail.com

WWW.THISISBLOB.CO.UK

THE ARENA North Herts' Football Facility

HTFC SUMMER FUN CAMPS

EARLY CANARY OFFER! BOOK BEFORE MIDNIGHT ON 30TH JUNE & SAVE 5% WITH CODE GEX282

9.30AM-3.30PM
£25 PER DAY / £60 PER 3 DAY WEEK
4-14 YEAR OLD BOYS & GIRLS*

HTFC PRIZES & CERTIFICATES

FOOTBALL FUN AT THE ARENA, BALDOCK
WK1: 28-30 JUL WK2: 4-6 AUG
WK3: 11-13 AUG WK4: 18-20 AUG
WK5: 25-27 AUG

HITCHIN TOWN FC

MULTI-ACTIVITIES AT PRESTON PRIMARY SCHOOL, HITCHIN
WK1: 4-6 AUG WK2: 11-13 AUG WK3: 18-20 AUG

HITCHIN 1ST TEAM PLAYERS & COACHES!

Hitchin Town Community FC, The Arena, Norton Rd, Baldock, SG7 5AU
01462 720088 info@htefc.co.uk
BOOK ONLINE: www.northhertsarena.co.uk

Little Acorns Pre-School

SPACES AVAILABLE FOR SEPTEMBER 2026

Places available for **TWO YEAR OLDS** & **THREE YEAR OLDS**

Please contact us for more information
preschoolmanager@littleacornsroyston.co.uk
07426 386454

A year-end message from the Smartphone Free Childhood parents group

Dear Parents and Carers,

As we approach the end of another school year, many of our Year 4 families will be thinking about the big move to middle school - a really exciting step, and one that often comes with questions about independence, safety and staying in touch.

One question we hear a lot is: does my child need a smartphone now?

Our school has been proud to support the Smartphone Free Childhood movement, a grassroots parents' campaign that's now grown to hundreds of thousands of families and over 16,000 schools across the UK. The movement asks one simple thing: that we all hold off on giving our children smartphones for as long as we can and encourage the same when it comes to social media.

The evidence on this is growing all the time and many parents tell us that delaying a smartphone - even by a few years - makes a real difference to their child's wellbeing, sleep and confidence.

We know it can feel tricky, especially when children tell you "everyone else has one." But the truth is, more and more families are choosing to wait - and there are some brilliant alternatives that still let children stay safe and in touch.

The Smartphone Free Childhood movement has put together a really helpful guide to child-friendly options, including:

- Simple first / brick phones for calls and texts only
- Kids' smartwatches with GPS and parental controls
- Data-free SIMs that remove Internet access from any handset
- GPS trackers for peace of mind without a screen

You can find the full guide here: www.smartphonefreechildhood.org/alternatives

There's also a parent WhatsApp group at our school where families share ideas and support each other on this topic - if you'd like to join, please click [here](#).

We also know that every family's situation is different, and you know your child best. We simply want to make sure you have all the information and support available as you make this decision.

With warm wishes for a lovely summer,

The Smartphone Free Childhood Parent Group

Kids & smartphones - what's the big deal?

Opportunity cost

More scrolling means less time for play, reading and real-life connection.

Addiction

Apps are designed to keep kids scrolling - that's how tech companies make money.

Cyberbullying

Conflicts now follow kids home, with no off switch and no escape.

Harmful content

Extreme, explicit content is just a click away - even when kids aren't looking for it.

Attention

Constant pings and notifications make it harder for kids to concentrate, learn, and focus.

Sleep

Blue light and late-night scrolling disrupt rest and recovery.

Mental health

Since smartphones became widespread, teen anxiety, depression and self-harm have surged.

Family life

Phones can fuel arguments, drain attention, and crowd out real connection.

Grooming

Predators target kids on popular apps like TikTok and Snapchat.



Join the growing movement of parents choosing to delay smartphones and social media.

SMARTPHONEFREECHILDHOOD.ORG



BeeZee Bodies

Need a cheap healthy recipe to make this weekend?

At Beezee Families, we work with hundreds of families who want to eat healthier, but struggle with time AND finding something everyone will eat. Sounds familiar?

Check out our healthy pizza below for a taste of our recipe selection!



Ingredients:

1x8 inch tortilla wrap (or you can use pitta bread)
Tomato passata
30g grated light mozzarella or cheddar

Toppings of your choice, such as:

- Peppers
- Mushrooms
- Sweetcorn
- Pineapple
- Ham
- Spinach
- Tomatoes



Method

- Place tortilla/pitta bread on a plate and spread tomato passata over it
- Add your chosen toppings
- Sprinkle with the grated cheese
- Microwave on high until the cheese is just melted (45 seconds), or place in a pre-heated oven at 200/gas mark 6 for 5-10 minutes
- Leave to cool for a few minutes and then enjoy!

Want more help with recipes?

We run FREE healthy lifestyle programmes to help families like yours make healthy habits, and have fun while doing so! Secure your spot today

Our courses are for families with children aged 5+ and above their ideal weight.

Scan the code
...or click here to find out more

Sign up today!



hrt.maximusuk.co.uk

24-1300

Beezee FAMILIES Hertfordshire

★★★★★ 'A must-see for fans of the book!'

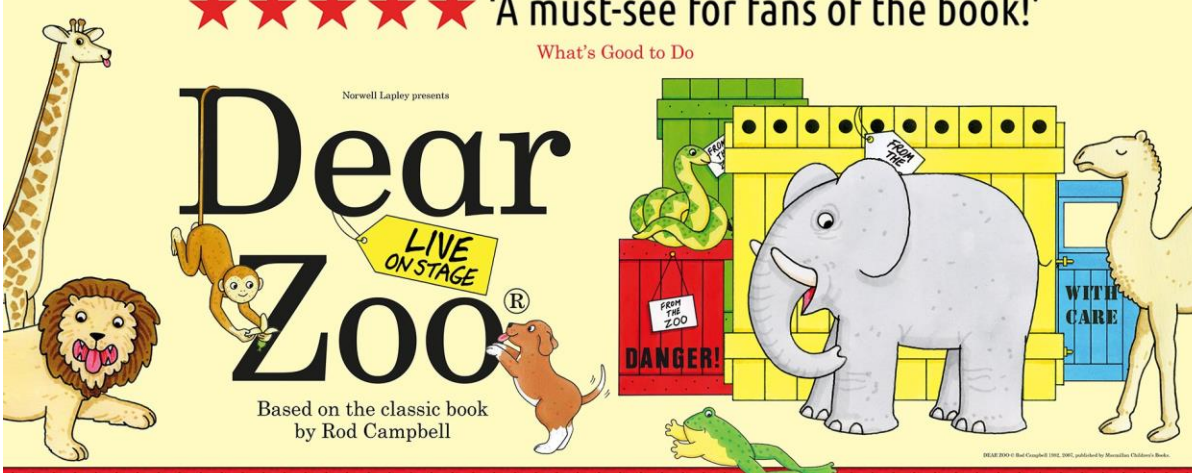
What's Good to Do

Norwell Lapley presents

Dear Zoo

LIVE ON STAGE

Based on the classic book by Rod Campbell



The Arts Theatre has *Dear Zoo*, the stage adaptation of Rod Campbell's children's book, with them from July 17-19th.

You can find out more about the production here: <https://www.artstheatre.co.uk/whats-on/dear-zoo/>

Dear Zoo School Rate Offer

£5 off with code **DEARSCHOOLS**

Valid on all performances

Enter the code **before adding your tickets to basket online** or quote the code to our Box Office on 01223 503333



National Book Tokens - Win £1,000 / €1,000 for our school's library, plus, you could win a £100 national book token for yourself or your family. Click on the link for more information:

<https://www.nationalbooktokens.com/schools-prize>

Easy Fundraising - help us while you shop

Raise funds for us for **FREE**

with **easyfundraising**

Join as our supporter today at:
www.easyfundraising.org.uk/support-a-good-cause
 Just search for:
Icknield Walk First School PTA

8,000+ retailers will donate to us whenever you shop with them

Plus, you'll get...

Exclusive retailer offers

Competitions

A warm feeling inside!

Over
£60m
raised for UK good causes

£0
extra cost to anyone

Please remember to use [easyfundraising](https://www.easyfundraising.org.uk) when you do any of your online shopping.

Over 8,000 retailers including eBay, John Lewis & Partners, Argos and M&S will donate to Icknield Walk First School PTA for FREE when you use [easyfundraising](https://www.easyfundraising.org.uk) to shop with them.

Want to know more, [see this handy intro](#)

These donations really help us and all you have to do is use [easyfundraising](#) when you're ordering the things you'll be buying anyway.

Weblinks that can help you

[NSPCC](#) - Online safety.

[Smartphone Free Childhood](#)

[Angels Support \(ASD & ADHD\)](#)

Herts CC [Relationship advice](#)

[Families Feeling Safe](#)

[NESSIE - Positive Mental Health](#) - Lots of talks and courses to help you and your child with their mental health.

[Supporting Family Links](#) - Promoting Strong Family Relationships with children up to the age of 12, lots of online courses to help.

Herts CC Cost of living resources - [cost-of-living-flashcard \(thegrid.org.uk\)](#)

North Herts Family Support Services - [www.hertsfamilycentres.org](#)

[www.supportinglinks.co.uk](#) - Workshops/training courses for parents/carers of children (up to age 25).

BeeZee Bodies - [www.beezeebodies.com](#)

[North Herts Special Provision updates - look here for SEN and Behaviour support](#)

[Free School Meals](#)

[Neurodiversity Support Hub](#)

Lumi Nova - Fun digital therapy for childhood anxiety - <https://luminova.app/>

Mind Hertfordshire Network -

The Sleep Charity - <https://thesleepcharity.org.uk/>

Carers Week 8th - 14th June 2026

Building Carer Friendly Communities

**Many schools are a safe place for young carers and
you can have a huge impact on identifying and
supporting young carers and their families**

**We want to support you to continue to
grow and maintain your support of young
carers in your school. Do you have:**

- A designated point of contact for your young carers?
- Have a safe and inclusive way for young carers to seek help and/or advice?
- Staff who feel confident on what a young carer is and how they could help?
- have you thought about applying for the Young Carers in Schools (YCiS) Award?
- Are you a member of the Hertfordshire Young Carers in Schools Community of Practice group?



To join the community of practice and to find out more about young carers, please visit:

www.hertfordshire.gov.uk/youngcarers

for further information and support and/or contact
the team: **YoungCarers@hertfordshire.gov.uk**

