# ICKNIELD WALK FIRST SCHOOL SUN SAFETY POLICY

To be read in conjunction with Heat Wave / Sun Protection Risk Assessment

At Icknield Walk First School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents/carers to achieve this through:

#### **EDUCATION**

- All pupils will have at least one SunSmart lesson per year.
- We will talk about how to be SunSmart in assemblies at the start of the summer term and before summer break.
- Parents/carers and guardians will be sent a letter explaining what the school is doing about sun protection and how they can help at the beginning of the summer term.
- Children are taught never to look directly at the sun in science lessons and when there is a specific event such as an eclipse
- School risk assessment is shared and displayed in summer term

## **PROTECTION** – this is an ongoing process

#### Shade:

- We will encourage students to sit/play in the shade where it is available.
- The nursery, reception and year one and quiet area outside canopies now provide some shade.
- We will use gazebos to provide shade around the school if appropriate
- If necessary children will be allowed to spend time indoors in selected classrooms during lunch time play.
- We will continue to look for ways to provide further shade.

#### Timetabling:

 We will aim to schedule outside activities, school trips and PE lessons before 11am. If this is unavoidable we will ensure hats, clothing and sunscreen are all worn to prevent sunburn.

### Clothing:

- Children will be encouraged to wear hats (the school have a stock of spare hats).
- We will encourage teachers to wear hats when on playground duty and teaching outdoors as a role model.
- Sun glasses will not be encouraged but children may wear them at playtime (particularly those with hay fever).

#### Sunscreen

- Sunscreen use will be encouraged during summer at lunch breaks, during PE lessons and on school trips. (Staff will be provided with extra sunscreen in case children forget their own – we will need to ring to ask for permission from parents/carers if children have forgotten their own).
- We will send letters home asking for children to bring in their own named sunscreen stick, wipes or bottle of sunscreen.
- Children need to be encouraged to learn how to apply this by themselves, as staff are not permitted to apply sun screen to children.

#### Water

- We will send letters home requesting every child has a water bottle in school and this
  is refreshed daily.
- Children will have free access to their water during hot days and will be given reminders to encourage them to drink regularly.