

Tel: 01763 243392

Email: admin@icknielwalk.herts.sch.uk

Headteacher: Mrs Jane Sherwood
Deputy Head: Mr James Taylor



Ickniel Walk First School
Poplar Drive
Royston
Hertfordshire
SG8 7EZ

5th March 2025

Dear Parents and Carers,

Dove Class Swimming Lessons

As part of the national curriculum, both Year 3 classes will have swimming lessons on a Friday over the summer term at the Royston Leisure Centre. Dove class will swim on Friday afternoons in May and June.

The children will have a total of 5 sessions which will be £18.00 (£3.60 per lesson).
Dates are as follows: **2nd, 9th, 16th, 23rd May and 6th June 2025.**

Please pay via School Gateway and we would appreciate the whole amount in advance by **Friday 28th March**. If you find it difficult to meet the full cost of these swimming sessions, please email: finance@icknielwalk.herts.sch.uk.

The children will walk to the leisure centre and back after lunch and will need to have the following **every week**:

- Children will need a one-piece swimming costume or tight-fitting swimming briefs/trunks/shorts (Please see examples at the bottom of this letter).
- No long, baggy board/sports shorts (No shorts that flap around the legs).
- No bikinis/halter necks/tankinis.
- If your child wishes, they may wear a fitted rash vest. (Please see example at the bottom of this letter).
- Towel and a bag.
- Suitable clothing for the weather, especially a hat to cover wet hair in cold weather and a coat!
- No toiletries (i.e. shampoo) as the children do not shower afterwards.
- A fruit/vegetable for snack to eat when we return to school.
- Swim caps will be issued by Royston Leisure Centre on your child's first lesson.



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Please ensure that if your child is using goggles they are of good quality. Please read the manufacturer's instructions for putting them on and taking them off. This is important to ensure the protection of eyes from impact damage from stretching the eyepieces away from the face with wet fingers. You should be aware that on occasions your child will be asked to remove their goggles to safely perform certain aquatic activities.

As stated in our first letter (sent by email on Tuesday 25th February), Year 3 swimming lessons are a taster ready for Year 4 swimming lessons. Children will be placed in a group with children of similar ability. The groups are not fixed. Children may move up or down as the swimming teacher feels is appropriate to the child's ability. Children may swim in a different part of the pool to where they would have their out-of-school swimming lesson.

Mrs Jacklin and Mrs Walsh will also be in attendance with the pool's instructors, so whatever the present level of your child's ability we will be able to add to their progress. Please complete the form at the end of this letter with your opinion of your child's current swimming level and return it to the school office by **Friday 28th March**.

Please note if your child forgets their kit, they will still walk to the leisure centre with their class. Pupils will not be excluded from swimming because of verrucae or similar foot infections.

If your child has eczema, they will be given the opportunity to shower and apply any **prescribed** medical creams or lotions before and after swimming as necessary. Please indicate what is necessary overleaf.

Yours sincerely

A handwritten signature in black ink that reads "Jane Sherwood".

Mrs J. Sherwood
Headteacher

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Dove - Swimming

I understand my child will attend the Royston Leisure Centre Pool as part of the school's P.E. curriculum. My child:

Please tick one	Ability	Current ASA level (if known)
	-is a non swimmer (arm bands, no confidence)	
	-is a beginner (wobble, lacks confidence, can put face and ears in the water))	
	-can swim at least 5m unaided front or back	
	-is comfortable and confident on front and back -is comfortable and confident on front and back for 15m in deep water unaided.	
	-is comfortable in the water and can swim 25m on front and back	
	-is very confident and can swim in different styles over 50/75m continuously	

My child has eczema and needs to shower and apply prescribed creams or lotions:

Before swimming	
After swimming	

Signed _____

Child's Name _____ Class **Dove**

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